

Annual Report 2020-2021



The Life Link is committed to improving individual and community health through breaking cycles of chronic homelessness, mental illness, trauma, exploitation, and addiction.



Treatment Services

Licensed by the New Mexico Department of Human Services, The Life Link offers help for those experiencing difficulties with depression, PTSD, anxiety, bipolar conditions, and other chronic and persistent mental illnesses.

NUMBER OF CLIENTS SERVED

- 400** CCSS Main (Comprehensive Community Support Services)
- 212** SOAR
- 77** Human Trafficking Aftercare Program
- 25** Sojourners Advocacy Cafe
- 212** Outpatient Group Treatment
- 64** Intensive Outpatient Therapy
- 433** Outpatient Individual Treatment
- 26** Medication Assisted Treatment
- 423** Psychiatric and Medication Mgmt Services
- 139** Psychosocial Rehabilitation/Clubhouse

Services Provided 7/1/20 to 6/30/21

- 11,597** TOTAL SERVICES PROVIDED
- 369** MAT TREATMENTS (MEDICATED ASSTD TREATMENT)
- 2027** PSYCHIATRY TREATMENTS
- 762** COMPREHENSIVE ASSESSMENTS
- 7720** INDIVIDUAL COUNSELING TREATMENTS
- 2729** GROUP COUNSELING TREATMENTS
- 84** INTENSIVE OUTPATIENT PROGRAM ASSESSMENTS
- 1064** INTENSIVE OUTPATIENT PROGRAM GROUPS

Comprehensive Community Support Services (CCSS)* Provided

- 6768** CCSS Main and La Luz
- 1079** CCSS HT Aftercare and Sojourners
- 1920** CCSS Clubhouse
- 430** CCSS Treat First
- 10,197** TOTAL

PSR (Psycho-Social Rehabilitation) Encounters

- 3259** PSR by Clubhouse (Drop in services)

**The CCSS Specialist provides services and resources to individuals/families necessary to promote recovery, rehabilitation and resiliency, socializing and recreation.*



"I Have Found My Worth"

by Angela Sandoval Foreman

I am a recovering addict.

I used drugs because I didn't want to feel the pain of life.

I didn't feel like I deserved to be happy.

I have experienced every type of abuse but I still see the good in people.

Now, I can see the good in myself.

When I first came to The Life Link

I didn't care about myself.

But now I know I matter.

I learned to ground myself early on.

I used to have panic attacks all day.

These days I stop and breathe and realize where I'm at.

In therapy I have been shown that my feelings are real and should be accepted.

I have "my team" at The Life Link.

No one judges you.

I am accepted for who I am.

They helped me with housing.

They helped me with a dentist.

The support systems are incredible.

PTSD is not going to win.

I am going to win and I'm doing it.

I have bad days but now I know

I can get through them.

I have gone from numb to

I can do this.

I'm proud of myself for coming this far.

And for being me. And I really do matter.



Housing Services

The Life Link believes stable, permanent housing is essential for people to become integral members of a community. We are a community leader in advocacy for the improvement of supportive housing and coordinated behavioral health services for the citizens of New Mexico. We are the largest provider of permanent housing for formerly homeless individuals and families in our region.

**95
HOUSED**

PERMANENT SUPPORTIVE HOUSING & LA LUZ

Chronically homeless individuals and families with disability. The most vulnerable in our community.

**78
HOUSED**

LINKAGES

Homeless or precariously housed with Serious Mental Illness (SMI).

**25
HOUSED**

RAPID REHOUSING

Homeless families and individuals with low barriers. Provided help with deposit, rent assistance, and utilities for up to 11 months.

**20
HOUSED**

HOMELESS PREVENTION

At risk of homelessness through court eviction, past due on rent and rent assistance if needed for up to 11 months. Also covers utilities.



"I have been part of The Life Link as a client for 8 years and live in a La Luz apartment that is part of The Life Link's permanent supportive housing program. I like to be involved with The Life Link and have helped prepare the holiday meals for clients over the years. Now I have worked with the "No Limits Program" for 2 years. Having this work not only helps me economically, it helps me calm my anxiety.

The housing and this job have given me confidence. I rarely judge myself anymore. I really like the work and I am proud of myself for doing it."

-Liz Montalvo



Human Trafficking Aftercare

The Life Link's Anti-Human Trafficking Initiative is New Mexico's only comprehensive aftercare program for victims of human trafficking. We work through partnerships with state government, law enforcement, community stakeholders, healthcare providers, and other crisis response organizations.



The Human Trafficking Aftercare team has :

- ~ Worked comprehensively with 185 victims
- ~ Connected with 816 unique individuals through our 505-GET-FREE human trafficking hotline.
- ~ Partnered with the Homeland Security Blue Campaign to outreach to the Native American and homeless youth communities which led to 5750 visits to our website.



In November 2020 in the depths of the COVID pandemic, the HT Aftercare team joined a collaborative effort with FBI, Homeland Security, DEA, EPA, Bureau of Indian Affairs, Navajo police, Sheriff's Department, and various other local law enforcement agencies to directly support displaced Chinese immigrants and others who were rescued from a labor trafficking operation in northwest New Mexico. These individuals were found to be in poor medical and emotional health, left with no homes, no resources, and little besides the clothes on their backs. With The Life Link's assistance, the victims were able to obtain housing, emergency funds, medical care, payment for lost wages, and additional resources to begin the long process of rebuilding their lives. Since the rescue operation, we have continued working with these immigrants in California to connect them to resources there, and some have chosen to move to New Mexico to receive the ongoing support of our team.



Homeless Outreach Services

Our Homeless Outreach Team meets people where they are at including encampments, on the streets and at overnight shelters to provide support and information about services at The Life Link. Support also includes providing supplies, food and clothing.

136 clients

Served through City of Santa Fe Funding

80 clients

Served through Santa Fe County Funding

51 clients

Served by our PATH Navigators who work as part of our Homeless Outreach Team

134 clients

Housed at The Coyote South Hotel by CARES Act money distributed through the City of Santa Fe to The Life Link Outreach Team.



Analyn Schwaegel aka “Bagel” and the Re-Entry Program



Bagel works at The Santa Fe County Adult Correctional Facility as part of the Re-Entry Program. As a County funded Navigator, she works with individuals to help them find housing, help get an ID or birth certificate so they can look for a job, or even to get to rehab if necessary. Bagel provides much needed transportation and a plan as the jail won't release someone unless they have a place to go. Bagel helps individuals move their life forward.

“I’m super happy that I help people connect with what they need when they get out. I feel passionate about this population and I’m grateful I have a relationship with the jail and can network and try to build a bridge for people. It’s also nice to know that my past has been a benefit for others and helps me be more relatable. I can honestly say ‘I have been in your shoes’. I am a 3x convicted felon and now I have a good job. I can provide hope that you can turn your life around.”.



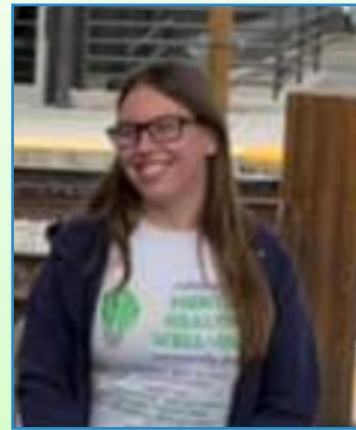


Peer Support

Peer support workers are people who have been successful in the recovery process and who help others experiencing similar situations. Through shared understanding, respect, and mutual empowerment, peer support workers help people become and stay engaged in the recovery process and reduce the likelihood of relapse. Peer support services effectively extend the reach of treatment beyond the clinical setting into the everyday environment of those seeking a successful, sustained recovery process.

"Because I've seen the difference that peer support makes and believe that it is one of the most important elements of recovery"

- Robyn-Ruff Wagner, Certified Peer Support Worker (CPSW)



"I want to help our homeless population to get off the streets obtain housing and gain access to services."

- Desiree Sena, CPSW

"I am able to understand where the client is coming from and able to communicate in a way which clients are feeling validated and heard, which makes the client feel like there is hope and light at the end of the tunnel. It gives the client an impression " well if you can do it, then why can't I" and that drives the client to want to set goals and go after them."

-Georgette O'Leary, CPSW





Financials & Demographics

Income

Contributed Support \$4,711,286

PPP Loan Forgiveness \$567,300

Earned Revenues \$1,980,831

Revenue from sale of property \$182,259

Total revenue \$7,441,676

Expense

Program \$6,267,065

Administration \$858,150

Fundraising \$102,149

Total Expenses \$7,227,364

WHO WE SERVE

Number of Clients Accessing Services: 1192

Number of New Client Enrollments: 537

ETHNICITY

Hispanic or Latino	42%
Non-Hispanic or Latino	28%
Declined to State	30%

Male 54.5%

Female 45.5%

RACE

White (includes Hispanic)	60%
Native American or Alaskan Native	7%
Unknown	24%
Other Race	6%
Asian	.3%
Black or African American	2.7%
Native Hawaiian or Other Pacific Islander	0%

AGE

18-24	7.9%
25-39	38.3%
40-59	42.1%
60-70	10.2%
71+	1.5%

Board of Directors

Craig O'Hare, CPSW ~ Chair

Joanna Prukop ~ Vice-Chair

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Lynn Sanchez, MA, LPCC

Director of Operations and Quality Enhancement

Pamela Yus, MA, LADAC, CPRP

Housing Program Manager

Lara Yoder, MSW



The Life Link is a Licensed Community Mental Health Center, Core Service Agency, HUD-approved housing agency and is accredited by The Commission on the Accreditation of Rehabilitation Facilities (CARF).

Community Outreach



THANK YOU
for voting us
in the Top 3
of "Best
Mental Health
Care Provider"
for The
Santa Fe Reporter's Best
of Santa Fe!



THE LIFE LINK™: "One of the most complete programs in the state can help with housing, substance abuse and yes, even mental health. This is community work in one of its purest, most impactful forms."

THE LIFE LINK
IN CELEBRATION OF MENTAL HEALTH AWARENESS MONTH

The "Discovery of Recovery" Mobile Mural
by The Life Link Clubhouse Artists

ARTIST: JOHNNY MONDRAGON ARTIST: DAVID TRUJILLO ARTIST: CARMEN CONTRERAS ARTIST: ROBIN RUFF-WAGNER

In partnership with Master Muralist Israel Haros Lopez of Alias de Agua Art Collective

Mobile Mural Tour Dates

- 5/14-5/20 at the DeVargas Center
- *Meet the artists Saturday, 5/15 from 12-3pm
- 5/20-5/28 at the Santa Fe Place Mall
- 5/29 at The Santa Fe Farmer's Market

Artist Johnny Mondragon

View the mural and get information about The Life Link Services including Housing, Mental Health, Substance Use, and Human Trafficking Aftercare Support

Special thanks to the City of Santa Fe Arts and Culture Department Culture Connects and Constituent Services and the Human Services Committee for making this project possible.

www.thelifelink.org

THE LIFE LINK
online community art party
FOR ALL AGES AND ABILITIES!

CREATE * CONNECT * SHARE * SUPPORT

"The arts empower. The arts give a voice to the voiceless. The arts help transform American communities and the result can be a better child, a better town, a better nation and certainly a better world."
Robert L. Lynch, President, Americans for the Arts

THURSDAY, APRIL 1ST 6:30-8PM
Pre-Show and Silent Auction starts at 6:00pm

PAINT * COLLAGE * WRITE * SCULPT * DRAW

Choose the Artist you want to work with when you buy your ticket

 LAURA TARNOFF PAINTING "Let's Make Art from Our Heart"	 MICKY BOND COLLAGE "Rabbit Spring"	 ISRAEL HAROS LOPEZ ASEMIC WRITING Free Writing + Images	 MELINDA BAKER SCULPTING "Imaginary Creatures and Habitate"	 FAVI DRAWING "CONCEPTUAL PARSING"
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ARTFUL SOUL **ARTFUL SOUL** **Alias de Agua Art Collective** **ARTPARTY** **NEW MEXICO**

For sponsorships, auction donations and more info call (505) 395-2527

PAY WHAT YOU CAN **THE LIFE LINK** **TICKETS: WWW.THELIFELINK.ORG**

JEOPARDY!

Test your knowledge on local trivia, learn about behavioral health, and play along with our four teams that include some of your favorite city officials and community leaders.



An online Fundraiser for the Life Link mobile homeless outreach unit

THURSDAY, SEPT. 10TH 5:30-7PM

REGISTER: LIFELINKJEOPARDY.EVENTBRITE.COM

OR VISIT SANTAFENEW.MEXICAN.COM AT GAME TIME!

play along with our 4 teams:

SANTA FE MAYOR AND COUNCILORS TEAM



BUSINESS SUPPORTERS TEAM



SOCIAL SERVICES PARTNERS TEAM



FIREFIGHTERS TEAM | STATION 7 8-SHIFT SANTA FE FIRE DEPARTMENT



SPONSORS



The Life Link is committed to improving individual and community health through breaking cycles of chronic homelessness, mental illness, trauma, exploitation, and addiction.

